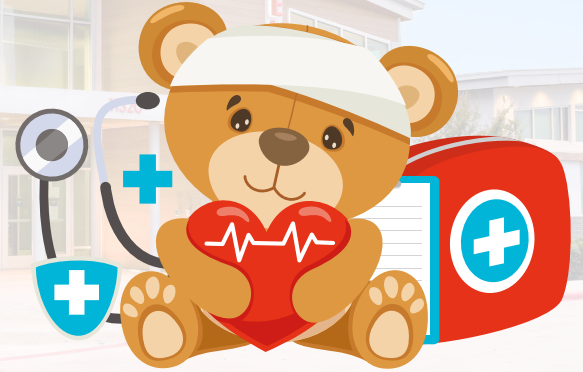


How to Perform CPR on Infants



A Gently tap the infant's foot and shout their name. If there's no response, proceed to the next step.

B Call emergency services immediately, using speakerphone or hands-free mode while beginning CPR if you're alone. If someone is with you, have them call right away.

C Chest Compressions

- 1 Place the infant on a firm, flat surface.
- 2 Use two fingers to press the center of the chest just below the nipple line.
- 3 Compress the chest about 1.5 inches (4 cm) deep.
- 4 Perform 30 compressions at a rate of 100–120 per minute.

D Rescue Breaths

- 1 Open the airway using the head-tilt, chin-lift method.
- 2 Cover the infant's mouth and nose with your mouth, creating a seal.
- 3 Give 2 gentle breaths, each lasting about 1 second, watching for chest rise.

E Repeat

Continue cycles of 30 compressions and 2 breaths. Do not stop until help arrives or the infant shows signs of life.